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## Introduction

Twidget the Two Handed Fidget has now expanded for triple the fun! Still such crazy appeal! Squeeze it, move it!, You can't lay it down! Tridget is the triplest new game in town!

Congratulations on your purchase of another Abilitations innovation! This two-handed fidget toy is wonderful for strengthening the hands and fingers, coordinating body sides, encouraging sequencing and rhythmicity. Our Twidget line was such a success we decided to add one more chamber to make it the Tridget! Children can't seem to put it down, and they don't have to! The Original Tridget (sold separately) comes with a pvc multi-color ball fill, while the Tridget Series comes in graded ball fills of a single color and one yellow ball for tracking.

## **Product Use**

Here are some suggestions to put your Tridget Series to use:

1. The contrasting single yellow ball in the base of single colored balls makes for a great stimulus for visual tracking. Have the child use both hands to manipulate the yellow tracking ball from one end of the Tridget to the other moving through all three chambers.

- 2. Play hide'n seek with the yellow tracking ball. Have the child try to cover up the yellow ball by manipulating the tridget to move the solid base balls around the yellow ball. Once the yellow ball is "hidden" in the center, then find it again by manipulating until yellow ball is visible again.
- 3. Tridget can be used as a fidget toy when a student needs to be alert and listening such as during circle time, story time, and lecture classes. It is especially useful for older students who need more heavy work input for two hands.
- 4. The weight of the Tridget is also perfect for lying across the lap to help young fidgety students stay in their seat.
- 5. Tridget is wonderful for improving hand strength and using two sides of the body together (bilateral motor coordination). Place the Tridget in the child's lap and have them hold on to each end with either hand. Then squeeze the balls from the 2 outside chambers into the center, using both hands simultaneously.



- 6. For strengthening pincer grasp, see if the child can pinch one ball at a time through the channel and into the next chamber.
- 7. For a fun back massage and great sensory input, have the child stand close to a wall, then place the Tridget between the wall and the child's back. As the child bends his knees, then straightens back up, the Tridget gives a wonderful deep pressure rub to the back! Great for working on body awareness and motor planning.

## **Product Information**

The Tridget Series comes in three varieties- a 30%, 60% and 90% ball filled chambers in a solid color. Children with weaker hand strength and/or poorer visual motor skills may prefer the 30 or 60% filled, while older children or those needing more heavy work input or more advanced visual perception skills may prefer the 90% fill.

## **Care and Safety**

Tridget Series is made of a durable outer PVC shell and is filled with non-toxic silicon gel and colorful pvc balls. The Tridget can be wiped down with a mild soap and water solution, or a germicidal wipe. *Contains small parts. Not to be chewed or swallowed. CHOKING HAZARD FOR THOSE UNDER THREE YEARS OLD. Made of latex free materials.* 



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