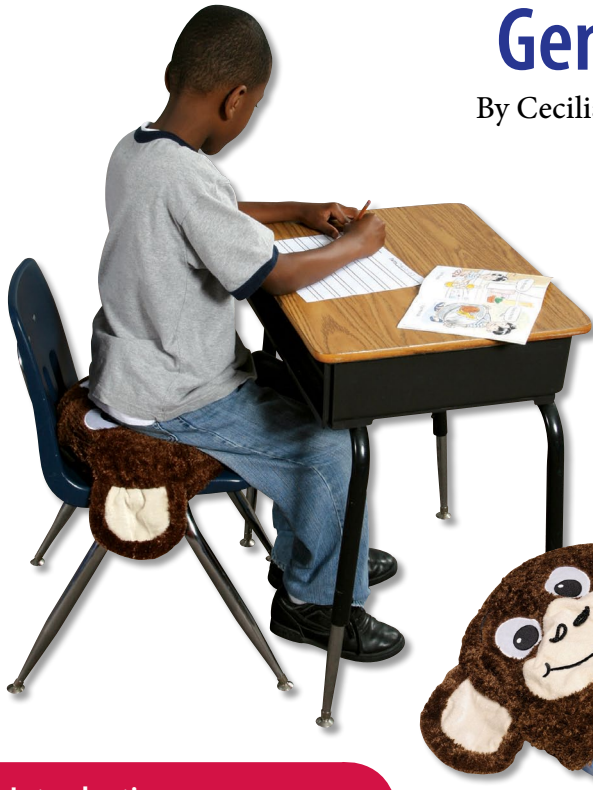


Gentle Joe™

By Cecilia Cruse, MS, OTR/L



Introduction

Congratulations on your purchase of Gentle Joe, the seat cushion disc cover that doubles as a deep pressure backpack! Joe helps calm kids whether sitting or transitioning. His secret is zipped inside...a wiggle cushion! Joe provides a soft sitting space as a seat cushion or when strapped on like a backpack in combination with the elastic waistband, makes for great heavy work and dynamic touch pressure through the trunk during transitions. Finally, Gentle Joe comes with an optional banana tether that can clip to his nose to allow for safety and control during busy transitions.

Great for children with autism spectrum disorder, attention issues or students that can't tolerate holding hands, Gentle Joe is sure to become a classroom and parent favorite!

Product Use

1. Recommended use with either the Disc'O Sit Jr. (item #004828) for children 4 and under and the Concentration Cushion (beanbag filled item #030556) for children 5 and up.
2. Place one of the cushions inside Gentle Joe and zip tight to close. Adjust the straps to fit the child's back similar to a backpack.
3. As a seat cushion, the child will sit on top of Gentle Joe.
4. To wear during transitions, adjust the straps snugly, but not too tight over the shoulders and secure the elastic waistband around the child's waist.
5. If using the optional Banana Tether (item #1013981), clip the carabineer to Gentle Joe's nose to make a safety tether during busy transitions. Here are some great ways to put Gentle Joe and accessories to work:

Use Gentle Joe as a sitting cushion during seatwork activities or during circle time to help provide movement and pressure input and help define spatial boundaries.

Great for transitions from classroom to lunchroom or library time. Strap on the child's back. The deep pressure backpack is calming, while the cushion can be used for sitting once transition is complete.

When safety and/or impulsivity is an issue, strap the optional Banana Tether to Gentle Joe's nose when used as a backpack or clip the carabineer to the child's belt loop or other book bag.

As above, but if traveling with a group, each child can also keep their place behind the "line leader" (the child wearing the Gentle Joe backpack) by holding on to one of each of the bananas on the tether.

Care & Safety

Gentle Joe cover measures 14" (35.6cm) diameter and is designed to fit over a Disc'O Sit Jr. or Concentration Cushion. Gentle Joe is made of 100% polyester with a 6" (15cm) wide elastic waistband and two 1" (2.54cm) wide shoulder webbing straps. Unzip to remove the inside cushion, then machine wash on gentle cycle and tumble dry or hand wash and lay flat to dry. The Disc 'O Sit cushion has a 12" (30.5cm) diameter and is air filled, while the Concentration Cushion has a 12" (30.5cm) diameter and is filled with beanbag pellets for a total weight of 5 lbs. (2.27kg). Choose one or both of the cushions for use with the Gentle Joe cover. The optional Banana Tether is made of 1"W x 6'L (2.54cm x 182cm) webbing with foam filled leaves and bananas. Hand wash or wipe down with damp cloth or germicidal wipe to clean.

Recommended Products

If you like Gentle Joe, check out these other great Abilitations products:

- **Line Leader:** colorful tether line featuring 6 beanbag frogs as line holders (item #029932)
- **Co-Oper Band:** elastic latex tube encased in a soft cover. Assorted sizes x-sm-lg.
- **Tote Around Turtle and Hound:** stuffed animals with vinyl cover weighing 5lbs. Use as a lap pad or to carry during transitions (item #006082 and 006083)



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