

Abilitations

BolsterSafe Swing™

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Introduction

Wow...what innovation! **BolsterSafe Swing™** is a lightweight swing, yet totally **STRONG** and safe. This rugged inflatable white water raft material is easily inflated. Therapists appreciate being able to easily lift and adjust the height of this bolster swing. Kids appreciate the smooth ride with no “ouches” from bumps.

Product Use

WARNING: The SpaceSAVER Bouncy Climber is intended to be used under the supervision of an adult at all times. Depending on the activity undertaken, proper floor matting and spotting techniques should be used. As with any piece of equipment, failure to attend to a child during use may result in injury.

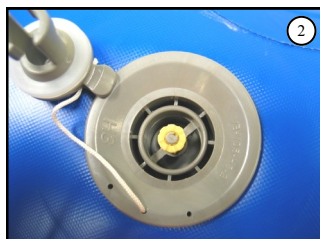
WARNING: This is an inflatable product. Take care to keep sharp objects out of contact with it, which will void your warranty. If used with shoes, inspect shoes for foreign objects or sharp elements prior to use.

To inflate: These valves are spring loaded so that they will close automatically to keep the air in as you are filling it.

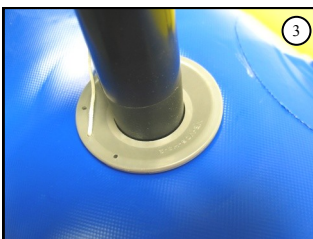
Note: If you use the hold-open feature of the valve to deflate, make sure to close the valve before re-inflating. Otherwise, air will escape when re-filling, making it difficult to fully inflate. To close the valve, fully depress the center plunger and rotate it counter-clockwise. The plunger will pop up and the valve will close.



To open, rotate the valve counter-clockwise and pull



Set the outer plug to the side. Note the spring loaded plunger in the center.



Press your inflator's hose onto the valve and inflate. (See recommended products)



To deflate, press plunger in. To hold valve open, press plunger and rotate clockwise.

Important: Suspend your BolsterSafe Swing from one point for rotational movement, or from two points for linear movement.

BolsterSafe Swing™ is a versatile tool in helping you meet your child's goals and objectives. Below, are just some of the uses of the swing when suspended from one point:

- Combine rotary input with fast stop/starts by “bopping” safely with a Crash&Bash Bean Bag Chair™.
- Have the child motor plan new action experiences, like falling into bean bag chairs strategically placed on mats.
- Attach an Anchor of Adventure™ to the wall and use active co-contraction to propel the swing, by holding an ElastaBlast™ (Co-Operband) attached to the wall.



Below, are just some of the uses of the swing when suspended from two points:

- Combine vestibular and proprioceptive input by linearly “bumping” into a fat mat, or inflated bop bag while the child straddles the swing.
- Work on balance, postural reactions by having the therapist provide a “bucking bronco” ride
- Build postural strength and flexion patterns by having the child “hug like a monkey”.
- Holding the ropes the child can stand on the swing. Encourage appropriate weight shift as the child goes “surfin’ USA.”
- Suspend only one side low to the ground, and kids love the challenge of walking on the semi-stabile log, working on balance.
- Have the child motor plan new challenges for herself.



The child can work in anti-gravity positions by hugging the bolster from underneath.

Care & Safety

- This swing contains carabineers and webbing that should routinely be inspected for damage. See the attached checklist for additional inspection details.
- Rotational devices must always be used when using one point suspension. Rotational movement should only be done with an occupational therapist or physical therapist trained in sensory integration and after an evaluation of the child's vestibular system.
- In general, the safety of any therapeutic situation is influenced by matching appropriate physical challenges to the needs and abilities of the child, as well as the layout, condition, and maintenance of your room and equipment.
- These are general safety guidelines. In addition, please refer to the safety policies of your facility, organization, and/or state, as these guidelines are not intended to supersede or replace them.
- Regular inspection is a key part of any safety program. Please utilize the included inspection checklist to ensure best safety practices.

The swing is surface washable, but should not be left outdoors due to rusting of metal parts.

Learn More

Astronaut Training: Book & CD #032784

Recommended Products

Height Adjustment System	# 032721
Anchor of Adventure	#031153
ElastaBlast	#017856
Crash & Bash Bean Bag	#029929
Fat Mat	#013434
Boxer Bop Bag	#021535



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