# ---- Abilitations Guide to Acoma Tangle<sup>®</sup> Product Guide

### Introduction

Mmm.... Introducing the Aroma Tangle<sup>\*</sup>, Abilitations new best smelling (and best selling!) fidget therapy device. We've taken the benefits of aromatherapy and combined it with a twistable therapy device to create the perfect tool to use as part of a good sensory diet. Holding something in the hand, preferably at midline, may help center our vision and hearing modes so that we can better take in information as well as help calm restless behaviors. Inhaling pure essential oils may help with calming and organizing behaviors and promote a sense of well-being. Kids (and adults!) will find the Aroma Tangle<sup>\*</sup> irresistible.

# **Product Use**

Simply place one or two drops of essential oil on the cotton flannel pads of the Aroma Tangle<sup>\*</sup> and allow it to absorb in for a minute or two, then enjoy! Reapply the oil as needed, but use very sparingly as the scent should not be overpowering. Depending on use, you may need to reapply the essential oil to the tangle about every 3-10 days.

#### You can choose from the following essential oil blends:

- Stress Less: Lavender, Sandalwood and Bergamot
- Study Buddy: Rosemary, Basil, Clove and Black Pepper
- Stay Alert: Peppermint, Rosemary and Cedarwood.

# Care & Safety

Aroma Tangle<sup>®</sup> is made from a durable plastic with cotton flannel oil pads. It can be wiped down with a damp cloth or a germicidal wipe. Adults should apply the essential oil to the Tangle<sup>®</sup> and store all oils out of reach of children. Aroma Tangle<sup>®</sup> is not designed to be an oral motor toy and not recommended for children under the age of 3.



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## **1-YEAR GUARANTEE OF SATISFACTION**

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