

Anchor of Adventure

Written by Suzanne Wilkinson, OTR



Introduction

Anchor of Adventure will add incredible versatility to your space! Even hallways become a brilliant place to provide additional hand-over-hand, heavy-work adventures for your kids. This super strong “anchor” can be riveted into existing support beams and concrete for a stronghold to attach Comfort Snaps or carabineers. Anchor of Adventure is NOT to be used to hold suspended swings or equipment especially on ceilings. It can be hung vertically or horizontally on walls and floors. Its coated steel construction minimizes irritating sound from metal carabineers. Let your building engineer select the appropriate hardware for your building material. Rod length is 9" (23cm). These wonderful anchors have been used for over a decade in clinics. Now all of your equipment will be a TOTAL ADVENTURE!

Product Use

Anchor of Adventure can be anchored into various spaces for different movement adventures.

- On the floor, next to the wall, is an ideal place to suspend cargo nets or rope ladders.
- On the floor, in the corner of the hallway, is a great place to make the hall useful for hand-over-hand propulsion while prone on a scooter board.
- In the support beam on a wall, near suspended equipment, is a great place to anchor a stretchy “steering cord” made of theraband/ tubing or a Co-operband for a child that is riding in a piece of suspended equipment.
- In the support beam on a wall, suspended horizontally, is a great place to hang suspended equipment when not in use.

Objectives

Anchor of Adventure can help your children meet their therapy objectives. When used:

- On the floor, core stability is improved as a child uses a scooter board while on their tummy.
- On the floor, bilateral integration is improved as a child pulls a rope hand-over-hand.
- While anchoring a suspended ladder or a cargo net so that it runs in a diagonal, the child works against gravity, strengthening core, and upper extremity musculature.
- With a steering rope, helps to integrate vestibular information from active co-contraction and the proprioception of the muscles.
- With the various pieces of anchored equipment, provides new motor planning experiences for your children.

Installation

Have your building engineer inspect the load-bearing area where Anchor of Adventure is to be installed. The proper selection of drill bits and the bolts to install the equipment will vary for metal, concrete, or wood. Ultimately, the work is to be inspected and maintained by the therapist. Any movement with the installed Anchor of Adventure indicates the area is not safe, and should not be used. Inspection should occur on a monthly basis.

Recommended Products

Large Elastoblast: 1004566
Expand-O-Mats: 012254
Economy Scooter Boards: 007481



©2013 School Specialty • PO Box 1579, Appleton, WI 54912-1579 • USA • All rights reserved.

Customer Service 1-888-388-3224 • www.schoolspecialty.com

Or reach us via e-mail at: orders@schoolspecialty.com

1-YEAR GUARANTEE OF SATISFACTION

See more fun activity guides for other great  products at www.abilitations.com.