

SPORTIME®



**Classroom Activities
& Lesson Plans**
*Designed specifically for
physical educators*

www.sportime.com
PHONE 800-283-5700
FAX 888-388-6344



School Specialty™



Ready...Set...Get Active...With Team Sportime!

We teamed up our Sportime experts with physical education professionals, SPARK specialists and NASPE Teachers of the Year to create this collection of activities based around some of our newest products.

The activities presented here represent Sportime's passion: providing products, tools and techniques that encourage lifelong healthy habits, ensuring the fitness of students of all abilities. We work hand-in-hand with physical education professionals to create inclusive activities, premium products and creative solutions.

Sportime products and activities are enhanced by our collaboration with SPARK, a proven research-based health organization dedicated to creating, implementing and evaluating programs that promote wellness. Together we provide the tools you need to encourage fitness that lasts a lifetime.



**New &
Improved!**

**Sportime® BigRedBase
with 4 ¾" Casters Each**

- Base ONLY, post
sold separately

Item # 1478910

List Price \$74.65

Educator Price **\$55.99**



Sportime® Golf Target Giant Pop-Up Each

- 78 ¾"

Item # 1449639

List Price \$133.32

Educator Price **\$99.99**

Sportime® Hook and Loop Targetball Set of 24

- 2 ½"

Item # 1449609

List Price \$66.65

Educator Price **\$49.99**

Sportime® BigRedBase & Tall Post Combo 61"-96" Set

- Includes one BigRedBase, and one Tall Post, with
push-button adjustments from 61" up to 96" in 6"
increments

Item # 004406

List Price \$130.65

Educator Price **\$97.99**

SPORTIME®

Ergonomic Scooter "Ergie"



- Built in handles for increased safety
- Concave seat and textured decks
- Knee cups for placement of knees or feet

Scooter Lah-Tee Pad

Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1479010	Ergonomic Scooter "Ergie" Small 13 $\frac{3}{8}$ " x 17 $\frac{3}{8}$ " (not for use with Lah-Tee Pad) Set of 6	\$213.32	\$159.99
1479011	Ergonomic Scooter "Ergie" Large 17" x 22" Set of 6	\$266.65	\$199.99
1481277	Scooter Lah-Tee Pad (please note pad only fits on the large size scooter) Each	\$49.32	\$36.99



Scooter-Lah-Tee

Equipment:

- Scooter Boards
- Lah-Tee Pad
- Pads for Knees, Elbows and Wrists

Safety

Students should be encouraged to work at their own pace and level. The exercises are designed to become more challenging through the progression. We teach students to NEVER stand on the scooter. In some exercises, we will place one or both feet on top of the scooter. However, there is always a hand or foot on the floor while doing this to help maintain stability.

Warm up

Roll up roll down: Begin in a standing position. Feet shoulder width apart. Take a deep breath in and exhale as you drop your chin to chest. Continue to bend forward, rolling body down toward the floor. When you reach your comfort point with hands towards the floor, inhale as you roll back up through the spine. Repeat this three times.

Standing cat stretch: Begin with feet shoulder width apart. Inhale. As you exhale, roll down towards floor, leading with head. Bend knees slightly, and place hands on thighs. Inhale and arch slightly, forehead lifts towards the ceiling, belly button to floor. Exhale and drop chin to chest, rounding the back. Repeat three times and roll all the way back up to standing position.

Cat stretch: Kneeling on all fours, knees and hands shoulder width apart. Inhale and tuck chin to chest, rounding back up to ceiling. Repeat three times.

Spinal stretch

Forward and back: Kneel behind scooter, hands on outer edges. Inhale. Exhale and extend scooter forward. Drop head between arms, back straight. Inhale and return to start. Repeat five times

Corner to corner: Kneel behind scooter, hands on outer edges. Inhale. Exhale and extend scooter out to right corner. Drop head between arms, back straight. Inhale and return to start. Repeat to left corner. Repeat five times.

Lunges

Back: Stand with right foot on scooter, left foot on the floor. Inhale. Exhale and push the scooter straight back, bending left knee. Keep back straight. Repeat five times. Place left foot on scooter and repeat the exercise.

Side: Stand with right foot on top of scooter, left foot on the floor. Inhale. Exhale and push the scooter out to the right side, bending left knee. Extend arms straight forward. Inhale and pull scooter back to starting position. Repeat five times. Place left foot on scooter and repeat the exercise.

Diagonal: Stand with right foot on top of scooter, left foot on the floor. Inhale. Exhale and push the scooter out to the right corner, slightly bending left knee. Inhale and pull scooter back to starting position. Repeat five times. Place left foot on scooter and repeat the exercise.

These are two of numerous exercises found in the accompanying exercise guide that comes with each Scooter Lah-Tee Pad.



Lollipop Paddle

Everybody's Active! Tool Kit provides physical education teachers with innovative, modified equipment and strategies for inclusive physical education activities.

Description:

Lollipop Paddles are lightweight paddles with a larger paddle base to be used in place of regular wooden paddles, racquets for students with disabilities and/or the general education students with coordination issues. Lollipop Paddles allow students to connect with a moving object allowing repetitive trials.

Ages: K-6 Grade Adaptive PE

Activities:

- **Volley:** Volley a ball to self using the lollipop paddle, use a suspended ball (for students unable to independently retrieve a ball) and/or for students needing extra time to retrieve a ball.
- **Partner Station:** Partner students at the lollipop station rotating students into the station until the entire class has had an opportunity at this station (this activity supports an inclusive setting). Partners volley a ball, Fingerlight, or suspended ball to each other.
- **Relay:** Students balance a fleece ball on their paddle while walking to a designated cone and back, students waiting their turn jog in place. Students needing assist will have an assigned peer and/or teaching assistant while performing their leg of the relay.



Included in the Kit:

- Slow Motion Soccer Ball (includes assessment matrix)
- Sensory Soccer Ball (includes assessment matrix)
- Sand Timer (2 Minute)
- Tagger/Baton 15" foam Set of 6
- Fingerlights 10" (pair)
- Nylon Rope 16' with caribineer (modified climbiivities)
- Lollipop paddles 8" (pair)
- Striking Station Trainer Set of 6 (suspended ball)
- Cummunication Card Holder with 5 pockets
- Oversize Mesh Bag
- Activity Guide 24 page created by: Pamela Skogstad – B.S., M.A., C.A.P.E.
- Disability Facts & Resources for Inclusive Physical Education
- Aligning with NASPE (National Association for Sport and Physical education) Standards 1,2, 4 <http://www.aahperd.org/naspe/standards/> and APENS (Adapted Physical Education National Standards-teaching standards) Standards 2,4,6, & 9 www.apens.org

Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1481016	Everbody's Active - Adapted PE Tool Kit	\$239.99	\$179.99

SPORTIME How to play...

Egg Soccer

Equipment:

- Developmental ball
- Jerseys (two colors)
- Two goals

Object of Game:

To include ALL students no matter the ability! This game will develop dribbling, passing skills for soccer along with team interaction and position placement during soccer. The slower moving ball gives students time to focus on where the ball is, where their position on the soccer court should be, where team mates are in relation to the ball.

1. **Orientation:** Discuss safety issues concerning needs of students with disabilities; i.e.: be aware of students who use walkers/crutches for mobility and students who cannot move as fast as the rest of the class.
2. **Warm-up:** Each student has a Slow Motion or Sensory Soccer ball and dribbles around the gym.
3. **Skill:** Pair students for a dribble/pass exercise.
4. **Game:** Divide class into two teams/students with disabilities (special needs) should not ALL be on one team, spread them between the two teams.
5. *Change up your lesson by having two soccer games, the modified game using Slow Motion or Sensory Soccer balls the other with the regular soccer ball, rotate students between games.



Sensory Soccer Ball

- Filled with 10 oz. of steel shot that allows students with vision impairment to track the ball.



Slow Motion Soccer Ball

- Allows repetitive trials, independent skill development for students with disabilities, sensory integration and coordination issues.
- Weighted with 10 oz. granular medium inserted in ball.

Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1478833	Sensory Soccer Ball Each OR	\$39.99	\$29.99
1478832	Slow Motion Soccer Ball Each	\$25.32	\$18.99
004355	Dub-I-Pin Reversible Pinnie Full Size Each	\$6.65	\$4.99
004711	All Purpose Folding Goal Each	\$65.99	\$49.49

*Please note the Sensory Soccer Ball and Slow Motion Soccer Ball is not be used in actual game play.



Curl Up/Yoga Mat Set - Assorted Colors - Set of 6

- 68" x 24" x 3/8"

Item # 1478720

List Price \$213.32

Educator Price **\$159.99**

Exercise Mats - Flat Set of 6

- 4' x 2'

Item # 1449590

List Price \$186.65

Educator Price **\$139.99**

Exercise Mats - Folding Set of 6

- 4' x 2'

Item # 1449591

List Price \$194.65

Educator Price **\$145.99**



Mat Storage Kart Each

- Holds up to 48 mats

Item # 1442628

List Price \$175.99

Educator Price **\$131.99**



Teacher of the Year
Recommended Product
- Patty Kestell 2013
Midwest District and
National Elementary
School TOY and Mary
Lou Baranowski 2013
Southwest District
Elementary School TOY



ShoulderFolders Assorted Colors Set of 6

Item #030846

List Price \$97.32

Educator Price **\$72.99**

Store Easily In A File Drawer



Wall Stops Set of 6

- 12"W x 44"L

Item # 1478912

List Price \$97.32

Educator Price **\$72.99**



SPORTIME

Shake The Bands

Equipment:

- Mirror Dance-N-Fitness Bands
- Mirror Dance CD

Shake the Bands:

- Shake it. Bounce it. (2x)
- Here we go. Here we go.
- Shake the bands. Bounce up and down. (2x)
- Shake your bands way up high. Keep the tension as you reach for the sky.
- Shake your bands in front of your waist. (2x)
- Shake it fast. Do your best. Now stop shaking. Take a rest.
- Shake your bands by your knees. (2x)
- Now shake them down to your toes.
- Then shake them all the way up to your nose. Knees. Toes. Nose
- Bounce your body with hands on your knees. (2x)
- Keep hands on your knees and do a squat. Just do one. Not a lot.
- Hands on your knees and squat.
- Shake your hands to your left side. Back to the middle they will glide.
- Shake your hands to the right side. Back to the middle now hands out wide.
- Take your hands out really wide. Back together and shake.

Movement Concepts:

- Directions: up, down, front, left, right
- Levels: high, middle
- Body Parts: waist, knees, toes, nose, hands
- Effort: fast, tension, stop, rest
- Non-locomotor: shake, bounce, reach, squat, glide
- Relationships: front, on, wide, together

Movement Explanation:

Before putting on music, review the movement concept terms without the bands and check for understanding or model how they will move.

Extensions / Closure

"What can you tell me about the different ways to shake your bands?"

Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1478911	Mirror Dance-N-Fitness Bands Set (7-pr) Set of 14	\$106.65	\$79.99



- Helps participants develop upper body strength, timing, coordination, flexibility, and general fitness.
- Set includes 7 pairs of bands, a music CD and activity guide.
- Band made of LYCRA® stretch material and is 72"L x 4"W.





Cooperative Band Walkers Set of 2

- Designed to develop cooperation and balance
- 58" L x 2" W

Item # 1473611

List Price \$46.65

Educator Price **\$34.99**



Kangaroo Feet Jumper Each

- 12.99" L x 22.047" W x 1.18" H

Item # 1478723

List Price \$33.32

Educator Price **\$24.99**



3 Legged Race Bands Set of 6

Item # 1473610

List Price \$26.65

Educator Price **\$19.99**



SPORTIME®



Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1480097	My Plate Beanbags Set of 60	\$119.99	\$89.99
1478721	My Plate Nutrition Containers Set of 6	\$93.32	\$69.99
1478717	My Plate Nutrition Parachute Each	\$59.99	\$44.99
1408052	My Plate Activity Mat Each	\$49.32	\$36.99
1321059	30" Skinny No Kink Hoops Set of 12	\$54.65	\$40.99

Beanbag Treasure Hunt

Pre-K through 3rd Grade

Place all the My Plate Beanbags under a parachute; students are standing or sitting holding the parachute with an overhand grip. The teacher announces what the students will be looking for. When the teacher says GO, students rush under the parachute and find the desired treasure the teacher is looking for. The game may be repeated several times.

Once the students have learned the basic premise of playing the treasure hunt game the games may be modified to include fitness and locomotor actions. Modifications are limited only to the teacher's imagination.

Teachers in 2nd and 3rd grade can explore the food groups even further. Teachers can divide the class into teams by the color of the parachute. Each team is trying to build a healthy balanced plate of food. Provide a hula hoop for each team and post the My Plate Activity Mat (sold separately or as a kit) in a place where everyone can see it. Teams should be numbered off. When the teacher/leader calls out a number, those players rush under the parachute and find a beanbag to bring back out. They then decide as a team what they need to build a healthy plate. They place that beanbag in their hoop. The team that builds the healthiest plate first wins.

Center Work

My Plate Beanbags work particularly well for center work. To use as an overhand throwing center, the teacher simply hangs the My Plate Nutrition Parachute or My Plate Activity Mat on the wall or suspends it between two game standards and the students throw the beanbags overhand at the target. Students should aim for the area of the parachute/plate that represents the food group they have on the bean bag.

To use the Healthy Plate as an underhand throwing center, the teacher should again hang the My Plate Nutrition Parachute or My Plate Activity Mat on the wall. Then place a hoop or the My Plate Nutrition Containers on the floor under it. Students once again decide what part of the plate the beanbag represents and then throw the beanbag underhanded into the hoop/ container that represents that part of the plate.

My Plate
Nutrition
Parachute





12 Sided Hoops - Clips
Set of 36

- 6 Each of 19", 23 ½" and 31"

Item # 1478722

List Price \$166.65

Educator Price **\$124.99**

10" Diameter Beach Balls

Set of 6

Item # 1478907

List Price \$25.32

Educator Price **\$18.99**

16" Diameter Beach Balls

Set of 6

Item # 1478908

List Price \$46.65

Educator Price **\$34.99**

30" Diameter Beach Ball

Each

Item # 1478909

List Price \$11.99

Educator Price **\$8.99**



Yellow 30" Hoop Bag
to Carry 12 Hoops
Each

Item # 1478840

List Price \$25.32

Educator Price **\$18.99**

Red 24" Hoop Bag
to Carry 12 Hoops
Each

Item # 1478839

List Price \$23.99

Educator Price **\$17.99**

Blue 36" Hoop Bag
to Carry 12 Hoops
Each

Item # 1478841

List Price \$26.65

Educator Price **\$19.99**

Five Components of Fitness Dice

Today's component of Fitness is . . .

Flexibility - working on the elasticity of your muscles and joints which adds in full range of motion, and preventing injuries.

Pick out one of the colored dice for the component of fitness you want to work on for today. Allow students to roll the dice to see what activities they will do that represent that component.

Flexibility

1. Hamstrings
2. Quadriceps
3. Gluteus Maximus
4. Gastrocnemius / Achilles
5. Groin / Adductor Muscles
6. Deltoids

Hamstring Stretch - Sit on the floor with both legs out straight or with one leg bend in with the sole of their foot up against their leg that is out straight.

- Extend your arms and reach forward by bending at the waist as far as possible while keeping your knees straight.
- Hold this position for 10 seconds • Relax • Repeat

Quadriceps Stretch - Lay on side. Bend top leg and hold ankle/foot. Pull heel towards Gluteus Maximus. (stretch should be felt on the front of thigh).

- Hold this position for 10 seconds • Relax • Repeat

Gastrocnemius/Achilles Stretch - While facing the wall with your right foot forward and left foot behind you, place your hands flat on the wall at chest height. Keeping your left foot flat on the floor and left leg straight, bend your right knee and lean forward. As you do this, you will feel a strong stretch on your left side.

- Hold this position for 10 seconds • Relax • Repeat

Groin Stretch - Sit on the floor with a straight back. Bend your knees. Lower your knees to the ground and place the soles of your feet together. Place your right hand around your right ankle and your left hand around your left ankle. Try to lower your knees as close to the ground as possible. When you feel a gentle stretch, hold.

- Hold this position for 10 seconds • Relax • Repeat

Deltoid Stretch - Bring one arm across chest and gently pull and press against elbow at the same time. Then change arms. (can also stretch with arm going behind back, grab the wrist of that arm and gently pull).

- Hold this position for 10 seconds • Relax • Repeat

5 Components Of Fitness Dice Set of 6
Item # 1449433
List Price \$65.99
Educator Price **\$49.49**



Fitness Dice 4x4 Vinyl Cover Pair of 2
Item # 1437154
List Price \$18.52
Educator Price **\$13.89**



20" Medium Weight Cone Set of 6
Item # 1478751
List Price \$65.32
Educator Price **\$48.99**



Agility Cone Set of 6

- 6 each 20" Cones, Adapter Rings, Adjustable Uprights, 12 Cross Bars, and Storage Bags

Item # 1478706

List Price \$133.32

Educator Price **\$99.99**



Green Foldable Training Hurdles 19 1/16" Set of 5

Item # 1478845

List Price \$45.32

Educator Price **\$33.99**

Blue Foldable Training Hurdles 15 3/4" Set of 5

Item # 1478844

List Price \$38.65

Educator Price **\$28.99**

Yellow Foldable Training Hurdles 11 13/16" Set of 5

Item # 1478843

List Price \$34.65

Educator Price **\$25.99**

Red Foldable Training Hurdles 7 7/8" Set of 5

Item # 1478842

List Price \$30.65

Educator Price **\$22.99**



**Double Anti-Skid
Multi-Color Agility
Ladder Each**

- Ladder is 29 ½' L
- Rungs are 18" apart

Item # 1478709

List Price \$106.65

Educator Price **\$79.99**



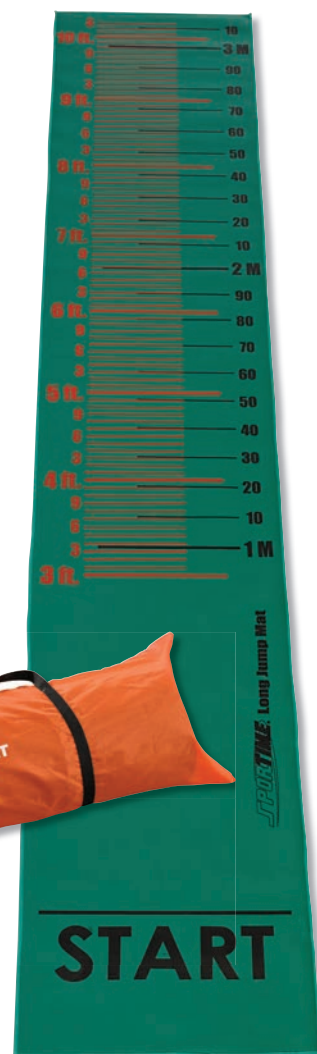
**Elementary Shot Put
Set of 4**

- Two weigh 1 lb. each
and the other two
weigh 1.6 lbs. each

Item # 1478837

List Price \$39.99

Educator Price **\$29.99**



**Long Jump Mat
with Bag Each**

- 26 ½"W x 11'L

Item # 1478716

List Price \$105.32

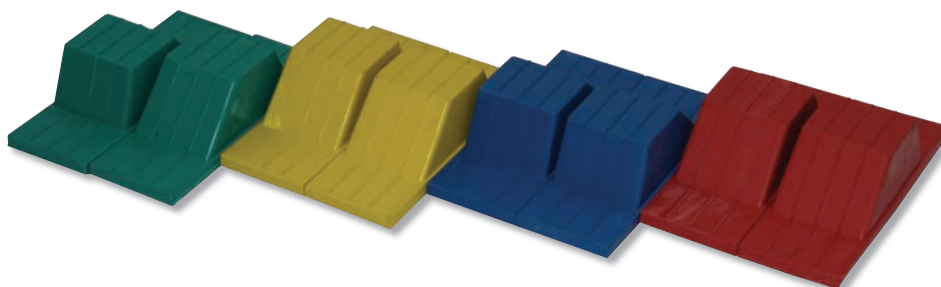
Educator Price **\$78.99**

**Rubber Starting Blocks
Set of 8**

Item # 1478835

List Price \$86.65

Educator Price **\$64.99**





**20" Medium Weight
Cone Set of 6**



**SportimeMax
ProRubber
Football Each**



**Score Board
Multi Sport Each**
• 23" x 11"

Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1478751	20" Medium Weight Cone Set of 6	\$65.32	\$48.99
030579	SportimeMax ProRubber Football Each	\$17.85	\$13.39
1478713	Flag Football Belts Size Small Set of 12 (6 Red and 6 Yellow) OR	\$39.99	\$29.99
1478714	Flag Football Belts Size Medium Set of 12 (6 Red and 6 Yellow) OR	\$39.99	\$29.99
1478715	Flag Football Belts Size Large Set of 12 (6 Red and 6 Yellow)	\$39.99	\$29.99
1478838	Score Board Multi Sport Each	\$47.99	\$35.99

SPARK™ Activity

Flag Grab

Prep

- 4 cones or lines (for boundaries)
- 1 ball per 2 students
- 1 flag belt per student

Set

- Use the same activity area as for the rest of your lesson.
- Organize balls to be easily accessible as students complete their fitness ASAP.

Teach

1. In Flag Grab you will practice flag-pulling and avoiding a defender.
2. After completing the Fitness ASAP, get a ball, a flag belt, then find a partner. Face one another on opposite ends of the playing area. The Ball-Carrier calls "Set, Hike," then tries to run to the opposite end of the field without having a flag pulled. No contact is allowed. Defenders must stay on their feet. After each attempt, switch roles and repeat. If you pull a flag, be sure to return it.
3. Continue until signal.

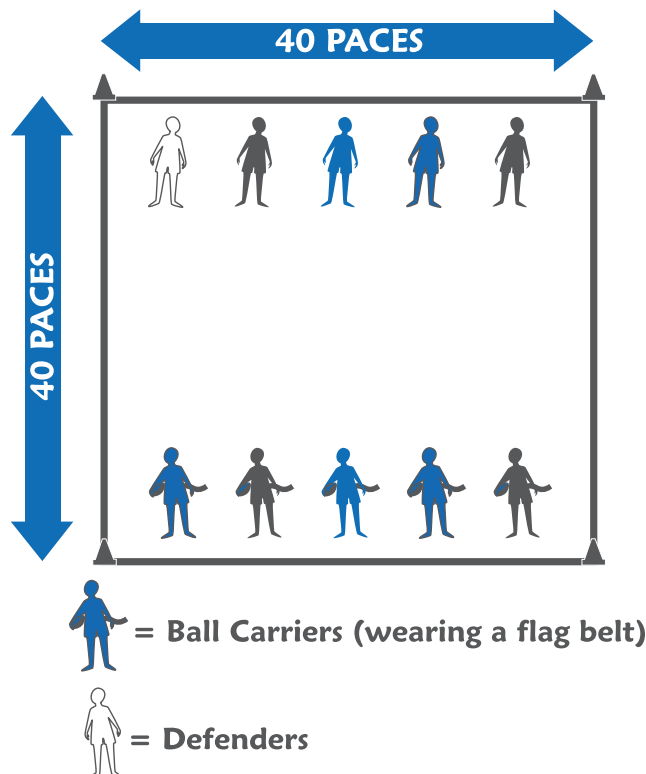
ASAP EXTENSIONS

Challenge 1: Time's Up

Limit the amount of time the ball carrier can possess the ball. Start with 10 seconds, then adjust the time limit up or down to match your ability. How does a time limit impact your ability to pull the flag?

Challenge 2: Plus 1

Add a 3rd player to the group. The additional player can be offensive or defensive player. How does adding an additional player impact your decisions when chasing or fleeing?



STANDARDS ADDRESSED NASPE

- #1, 2 Flag-pulling, dodging, moving to open space
- #3, 4 Aerobic capacity
- #5, 6 Cooperation, accepting challenges



Flag Football Belts
Set of 12
(6 Red and 6 Yellow)

Mikasa® SCE Series Soccer Ball
Size 5 - White/Yellow/Navy Each
 Item # 1478997
 List Price \$33.32
 Educator Price **\$24.99**

Mikasa® SCE Series Soccer Ball
Size 5 - Blue /Green/Yellow Each
 Item # 1478998
 List Price \$33.32
 Educator Price **\$24.99**

Mikasa® SCE Series Soccer Ball
Size 5 - Black /White/Red Each
 Item # 1478999
 List Price \$33.32
 Educator Price **\$24.99**



Wilson Stivale Soccer Ball Size 5 Each
 Item # 1480067
 List Price \$39.99
 Educator Price **\$29.99**

Tote-N-Goal Each

- Easy assembly and disassembly
- 9' 10"W x 6' 6"H

Item # 1449435
 List Price \$119.99
 Educator Price **\$89.99**





Skillastics Nutrition Cards
Grades 1 to 3 Set of 360
 Item # 1480071
 List Price \$106.65
 Educator Price **\$79.99**



Skillastics Nutrition Cards
Grades 4 to 12 Set of 630
 Item # 1327603
 List Price \$106.65
 Educator Price **\$79.99**



Move Bingo For Kids
Game Each
 Item # 1480145
 List Price \$53.27
 Educator Price **\$39.95**



Flip2BFit Fitness In A
Box Board Game Each
 Item # 1480913
 List Price \$39.99
 Educator Price **\$29.99**

Flip2BFit Bakari Fitness
Memory Game Each
 Item # 1480914
 List Price \$26.65
 Educator Price **\$19.99**



**2 ¾" High Bounce
Cut Foam Tennis
Trainer 70mm**

**3 ½" High Bounce
Cut Foam Tennis
Trainer 90mm**



**3 ½" Nylon
Fiber Ball**



Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1478724	2 ¾" High Bounce Cut Foam Tennis Trainer 70mm - Set of 6 OR	\$23.99	\$17.99
1478725	3 ½" High Bounce Cut Foam Tennis Trainer 90mm - Set of 6 OR	\$31.99	\$23.99
1478719	3 ½" Nylon Fiber Ball Set of 6 OR	\$13.32	\$9.99
1478718	2 ½" Small Playground Balls Set of 6	\$21.32	\$15.99

SPARK™ Activity

Group Juggling

Ready

- 1 ball or other small manipulative per group of 5-7

Set

- Students in circles of 5-7, scattered within boundaries.
- Each group with ball/manipulative.

Go!

1. The object is to cooperate with others in the group by passing a tossable object in sequence.
2. Play begins with a toss across the circle to anyone not next to you.
3. Passing continues until everyone has received a pass and the ball returns to the 1st person. Repeat, using same sequence.
4. Once you have successfully passed in sequence 3 times, add a 2nd ball. When you are successful with 2, try it with 3 balls simultaneously.

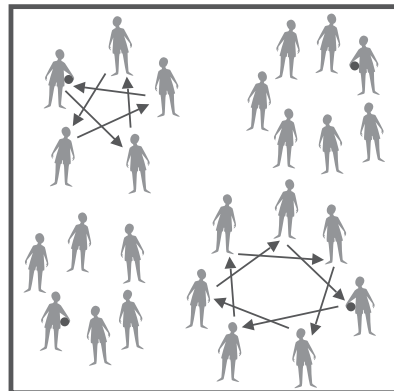
Challenges

- How quickly can you get the ball back to the 1st player 5X?
- How many tossable objects can your group use without dropping?

Cues

- No one can catch it twice, until everyone in your group catches it once.
- Remember who passes the ball to you, and who you pass the ball to.
- Hands up, ready to receive a pass.
- Keep your eyes on the person who passes to you.

2 ½" Small
Playground
Balls



SPARK IT UP!

1. **Freeze Ball** Begin Group Juggling with 1 ball for about 15-20 seconds. On "FREEZE!" whoever has ball holds it overhead. All others in the group quickly move to line up behind ball holder. They pass the ball overhead (over) to the next in line; that person passes it through their legs (under) to the next person. This continues until the ball is at the end of the line. Then, all form a circle again, and continue with Group Juggling in the same sequence previously established.
2. **Quick Touch** I'll call out a body part every few seconds. You quickly touch the body part I call out, and maintain group juggle sequence.
3. **Elevator** While juggling, start in a standing position, then move to kneeling, and finally, sitting. Now, back up to a standing position.

STANDARDS ADDRESSED NASPE

- #1 Throwing and catching
- #5, 6 Cooperation and teamwork

Tail Balls



Triangle Bean Bags



Sportime Products For This Activity

Item #	Description	List Price	Educator Price
1478712	Tail Balls 36" Long with 4" Ball Set of 6 OR	\$39.99	\$29.99
1480779	Tail Ball 35" Long with 2 ½" Ball Multicolored Each OR	\$10.65	\$7.99
1478834	Triangle Bean Bag Set of 12	\$14.65	\$10.99
1478751	20" Medium Weight Cone Set of 6	\$65.32	\$48.99

SPARK™ Activity

Oxygen Boogie

Ready

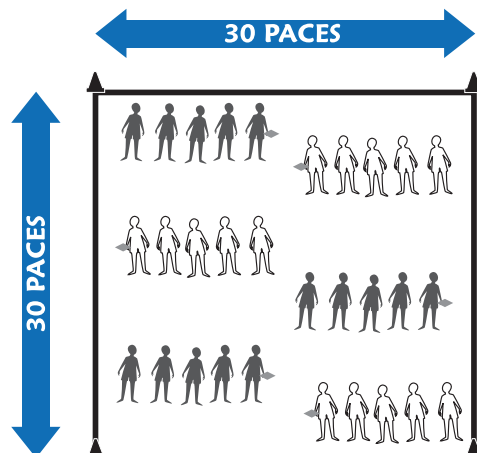
- 4 cones (for boundaries)
- 1 beanbag per 5 students

Set

- Create large (30X30 paces) activity area.
- Form groups of 5 in file lines.
- Give 1 beanbag ("oxygen") to the person at the front of each line.

Go!

1. The object of Oxygen Boogie is to pass the "oxygen" (beanbag) from the front of your line to the back without dropping it.
2. On the music, each person reaches overhead to hand the beanbag to the next in line. Don't let go until you feel the person behind you has a good grip on it.
3. Keep going until the oxygen reaches the last person in line.
4. The last in line runs the oxygen back to the front. Play until the music stops.
5. Communicate and cooperate! If your oxygen drops, just pick it up and keep going.
6. **Challenges. . .**
 - Can your group pass the oxygen from front to back without a drop? That's called a round.
 - How quickly can your group complete a successful round?
 - How many rounds can your group do in 1 minute?
 - This time, count every pass that isn't dropped. How many successful passes can your group do in 1 minute?
7. **Wrap It Up**
 - Give me a thumbs up if you:
 - Worked well with your groupmates.
 - Said something nice or encouraging to someone.
 - Did your best and didn't give up.



ACADEMIC Science

Take a deep breath. Did your chest expand? Those were your lungs filling up with air. Your lungs take the oxygen in the air we breathe and put it into your blood. Oxygen-rich blood travels throughout your body, because your heart muscle acts like a pump. Today, our lines represented the arteries in our bodies. Arteries transport the oxygen in our blood to the muscles that need it. When you passed the beanbag to a friend, you were passing oxygen, just like our bodies do every second of every day.

1. Over/Under

This time, the 1st person passes the "oxygen" overhead to the next in line, but that person passes it between their legs to the person behind them! So one passes "over," the next passes "under," and so on until the beanbag reaches the end of the line. That person runs to the front and you keep going!

2. Freeze and Go

Same game, but when you hear the music stop (or a drum beat, whistle blow, etc.), stop ("Freeze") what you're doing and run (and "Go") around our area (point the direction) as a group in your single file line. When the music starts again, return to your space, and continue passing the oxygen.

3. Movin' On Up

(Move file lines to a sideline around the perimeter.) Every time your group's "oxygen" returns to the front, move your group forward 3 giant steps, then start again. How quickly can your group reach the end of your sideline?

STANDARDS ADDRESSED

NASPE

- #1, 2 Spatial and body awareness, locomotor skills, non-locomotor skills
- #3, 4 Participates in enjoyable, challenging activities, aerobic capacity
- #5, 6 Participates, appreciates, enjoys movement, cooperates in a group setting



9 Square In The Air Deluxe Set 18'W X 18'L X 5' To 7'H Each

- For detailed information, activity guide and to see a video about this product visit www.sportime.com.

Item # 1449624

List Price \$1071.99

Educator Price **\$803.99**



9 Square In The Air Connector Kit Each

Item # 1449631

List Price \$452.00

Educator Price **\$339.00**



9 Square In The Air Disassembly Tool Set of 6

Item # 1463300

List Price \$19.99

Educator Price **\$14.99**



9 Square In The Air Replacement Balls Set of 5

Item # 1449655

List Price \$43.99

Educator Price **\$32.99**



9 Square In The Air Carry Bags Set of 3

Item # 1449656

List Price \$78.60

Educator Price **\$58.95**



For detailed information
and activity guide visit
www.sportime.com.

Pursuit Ball 2 Team Set of 2 Goals and 40 Balls

Item # 1449456

List Price \$118.65

Educator Price **\$88.99**

Pursuit Ball 6 Team Set of 6 Goals and 72 Balls

Item # 1449455

List Price \$246.65

Educator Price **\$184.99**



For detailed information,
activity guide and to see a
video about this product visit
www.sportime.com.



Bumball Junior Game Set of 12

Item # 1449637

List Price \$266.65

Educator Price **\$199.99**

Bumball Standard Game Set of 12

Item # 1449638

List Price \$266.65

Educator Price **\$199.99**

Teacher of the Year
Recommended
Product - Andrea
McMurtry 2013
Midwest District
Middle School
TOY and Taralyn
Garner 2013
Central District
High School TOY



Accusplit Accelerometer - Steps Only

Item # 1478992

List Price \$18.65

Educator Price **\$13.99**

Accusplit Accelerometer - Steps & Activity Timer Only

Item # 1480072

List Price \$21.32

Educator Price **\$15.99**

Accusplit Accelerometer - Steps, Activity Timer, Distance & Calories Only

Item # 1480073

List Price \$25.32

Educator Price **\$18.99**

Accusplit Accelerometer - Steps, Activity Timer, Distance, Calories & Memory Only

Item # 1480074

List Price \$27.99

Educator Price **\$20.99**



Polar FT4 Heart Rate Monitor - Pink Each

Item # 1480264

List Price \$119.99

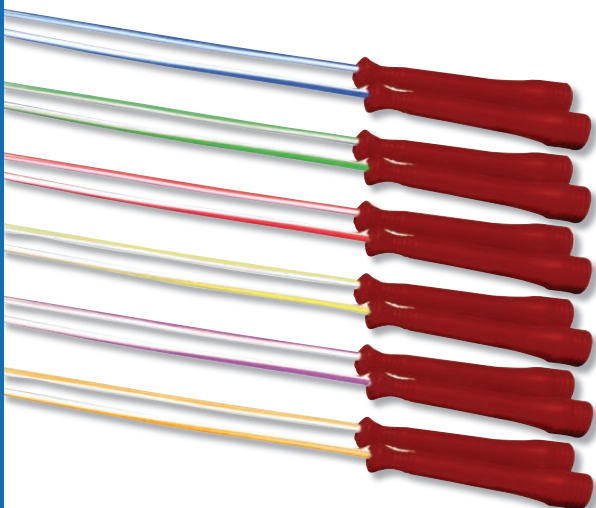
Educator Price **\$89.99**

Polar FT4 Heart Rate Monitor - Silver/Back Each

Item # 1480265

List Price \$119.99

Educator Price **\$89.99**



ExerRopes® Licorice Speed Rainbow Striped Rope

- 3/16" Diameter Extra Durable PVC
- 4 1/2" Shatterproof Handles

7' with Orange Handles

Set of 6

Item # 1475753

List Price \$19.32

Educator Price **\$14.49**

8' with Red Handles

Set of 6

Item # 1475754

List Price \$19.99

Educator Price **\$14.99**

9' with Green Handles

Set of 6

Item # 1475755

List Price \$21.32

Educator Price **\$15.99**



10' with Black Handles

Set of 6

Item # 1475756

List Price \$22.65

Educator Price **\$16.99**

16' with Orange Handles

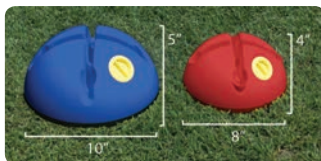
Set of 6

Item # 1475757

List Price \$31.99

Educator Price **\$23.99**

- New design holds most diameter hoops, including Skinny No-Kink® Hoops
- Made of hockey stick tough ABS plastic
- Water or Sand fillable, 9 lbs. for the Multi-Domes and 6 lbs. for the Multi-Dome Juniors
- 4 perimeter holes for dozens of new over, under and through obstacles
- See pages 110 & 111 of the School Specialty Physical Education & Recreation catalog for available Multi-Dome components



Multi-Dome Juniors

8"W x 4"H Set of 6

Item # 1477569

List Price \$93.32

Educator Price **\$69.99**

Multi-Domes

10"W x 5"H Set of 6

Item # 021975

List Price \$121.32

Educator Price **\$90.99**



- Each set comes with a Ball & Puck

Sof Sweep Broomball 36"

Set of 12

Item # 1477751

List Price \$173.32

Educator Price **\$129.99**

Sof Sweep Broomball 42"

Set of 12

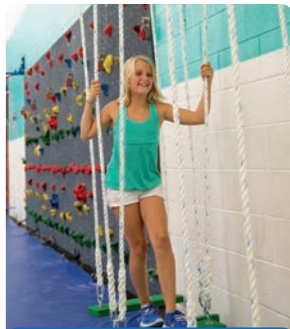
Item # 1477752

List Price \$183.99

Educator Price **\$137.99**



Wild Web



Swing Steppers



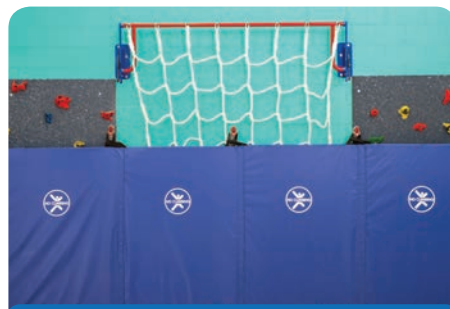
Circle Steppers



Monkey Bars



Plank Walk



Mats Stow & Lock Components

**Safari Jungle Gym -
Monkey Bars Each**

Item # 1480243

List Price \$2666.65

Educator Price **\$1999.99**

**Safari Jungle Gym -
Wild Web Each**

Item # 1480245

List Price \$3333.32

Educator Price **\$2499.99**

**Safari Jungle Gym -
Swing Steppers Each**

Item # 1480247

List Price \$3999.99

Educator Price **\$2999.99**

**Safari Jungle Gym -
Circle Steppers Each**

Item # 1480251

List Price \$3333.32

Educator Price **\$2499.99**

**Safari Jungle Gym -
Plank Walk Each**

Item # 1480249

List Price \$2933.32

Educator Price **\$2199.99**

**Safari Jungle Gym Mat
Set Each**

Item # 1480253

List Price \$1333.32

Educator Price **\$999.99**

Wild Web This sturdy cargo net climber combines problem solving, fun and fitness.

Swing Steppers Get into the swing of it. Move across a set of five swinging steps for a fun balancing challenge.

Circle Steppers Travel across all five hanging discs of this low-ropes element on feet or knees.

Monkey Bars Help develop upper body strength, balance and coordination.

Plank Walk Cross using the hanging guide ropes. Develops body strength, balance and coordination.



- Take down design
- Quality wood riser

48" Bullseye Recurve Bow Each

Item # 1481279

List Price \$233.32

Educator Price **\$174.99**

54" Bullseye Recurve Bow Each

Item # 1481280

List Price \$239.99

Educator Price **\$179.99**

62" Bullseye Recurve Bow Each

Item # 1481281

List Price \$253.32

Educator Price **\$189.99**

SPORTIME

For the full assortment
of OMNIKIN® products
visit www.sportime.com.



- It teaches alertness, attentiveness and balancing of body with ball.
- All sizes come with one latex bladder



- Reach Educational Objectives Through Cooperation, Activity, Sportsmanship & Fun
- Have fun indoors and outdoors
- Includes one latex bladder



Giant sized fun

OMNIKIN® MultiColor Ball 24" Each

Item # 027146
List Price \$87.99
Educator Price **\$65.99**

OMNIKIN® MultiColor Ball 33" Each

Item # 027147
List Price \$209.32
Educator Price **\$156.99**

OMNIKIN® MultiColor Ball 40" Each

Item # 027149
List Price \$273.32
Educator Price **\$204.99**

OMNIKIN® Bladder Replacement 18"/20"/24"/30" Each

Item # 027153
List Price \$21.32
Educator Price **\$15.99**

OMNIKIN® Bladder Replacement 33"/36" Each

Item # 027155
List Price \$39.99
Educator Price **\$29.99**

OMNIKIN® Bladder Replacement 40"/48" Each

Item # 027156
List Price \$55.99
Educator Price **\$41.99**

KIN-BALL® sport ball 48" Pink Each

Item # 027125
List Price \$326.65
Educator Price **\$244.99**

KIN-BALL® sport ball Outdoor 40" Blue Each

Item # 032953
List Price \$273.32
Educator Price **\$204.99**

KIN-BALL® sport ball 48" Black Each

Item # 027126
List Price \$326.65
Educator Price **\$244.99**

OMNIKIN® Bladder Replacement 40"/48" Each

Item # 027156
List Price \$55.99
Educator Price **\$41.99**

OMNIKIN® Sport Ball Soccer Ball 14" Each

Item # 1363034
List Price \$63.99
Educator Price **\$47.99**

OMNIKIN® Latex Free Sport Ball Soccer Ball 14" Each

Item # 1412589
List Price \$47.99
Educator Price **\$35.99**

OMNIKIN® Sport Ball Volleyball 16" Each

Item # 1363035
List Price \$63.99
Educator Price **\$47.99**

OMNIKIN® Latex Free Sport Ball Volleyball 16" Each

Item # 1412590
List Price \$53.32
Educator Price **\$39.99**

OMNIKIN® Sport Ball Basketball 20" Each

Item # 032950
List Price \$73.32
Educator Price **\$54.99**

OMNIKIN® Latex Free Sport Ball Basketball 20" Each

Item # 1412591
List Price \$78.65
Educator Price **\$58.99**



Can be squeezed to look like a raisin, and returns to full shape.

For the full assortment of top quality Volley® foam balls visit www.sportime.com.

Volley® SuperSkin-2™ Coated Foam Softi 6 ¼" Ball Each

- Colors May Vary

Item # 030772

List Price \$23.19

Educator Price **\$17.39**

Volley® SuperSkin-2™ Coated Foam Softi 6 ¼" Ball Set of 6

- 6 Color Set

Item # 030484

List Price \$114.65

Educator Price **\$85.99**

Volley® SuperSkin-2™ Coated Foam Softi 8 ¼" Ball Each

- Colors May Vary

Item # 030775

List Price \$32.65

Educator Price **\$24.99**

Volley® SuperSkin-2™ Coated Foam Softi 8 ¼" Ball Set of 6

- 6 Color Set

Item # 030472

List Price \$170.65

Educator Price **\$127.99**

Volley® SuperSkin-2™ Coated Foam Softi 4 ¾" Ball Set of 6

- 6 Color Set

Item # 030471

List Price \$99.99

Educator Price **\$74.99**



Volley® SuperSkin-2™ Coated Foam Dodgeball 6 ¼" Each

- Extra-Grip, Extra-Soft and the Perfect Density

Item # 087986

List Price \$25.32

Educator Price **\$18.99**



Economical,
Super Durable
and Loads of Fun

Sportime® Coated Eurofoam™ Blue Ball 6 ¼" Each

Item # 009641

List Price \$17.72

Educator Price **\$13.29**

Sportime® Coated Eurofoam™ Orange Ball 7" Each

Item # 009644

List Price \$19.05

Educator Price **\$14.29**

Sportime® Coated Eurofoam™ Yellow Ball 8" Each

Item # 009647

List Price \$24.52

Educator Price **\$18.39**





FlexMatrixgrip™ Ergonomics

SportimeMax™ Playground Balls 8 ½"

Item # 1004618 Yellow Each

Item #016213 Red Each

Item # 016214 Blue Each

Item # 016216 Green Each

Item # 016219 Violet Each

Item # 016217 Orange Each

List Price \$9.05

Educator Price **\$6.79**

SportimeMax™ Playground Balls 8 ½" Set of 6

Item #016220

List Price \$50.65

Educator Price **\$37.99**



Features Cell-U-Lar Rubber® Technology

SportimeMax™ Men's 29.5" Cellular Rubber Basketball Set of 6

Item # 016109

List Price \$95.99

Educator Price **\$71.99**

SportimeMax™ Women's/Intermediate 28.5" Cellular Rubber Basketball Set of 6

Item # 016094

List Price \$90.65

Educator Price **\$67.99**

SportimeMax™ Junior 27" Cellular Rubber Basketball Set of 6

Item # 016085

List Price \$83.99

Educator Price **\$62.99**

Right- and
Left-Handed Position



Teach the Art of Shooting to Either
Right or Left-Handed Children

SportimeMax™ Hands-On™ Women's/ Intermediate 28.5" Cellular Rubber Basketball Each

Item # 016111

List Price \$21.19

Educator Price **\$15.89**

SportimeMax™ Hands-On™ Junior 27" Cellular Rubber Basketball Each

Item # 016112

List Price \$20.65

Educator Price **\$15.49**

Teacher of the Year
Recommended
Product - John Hichwa
1993 National Middle
School TOY

Sportime® Pebbles™
Multi Use Balls 6" Set of 6

- The go-to size for two-hand catching and kicking

Item # 031809

List Price \$98.65

Educator Price **\$73.99**

Sportime® Pebbles™
Multi Use Balls 8 ½"
Set of 6

- The PG ball of PG balls

Item # 031810

List Price \$101.32

Educator Price **\$75.99**



Teacher of the Year
 Recommended Product
 - Patty Kestell 2013
 Midwest District
 and National Elementary
 School TOY

The Best Inflatable Play Balls Ever Offered

Sportime® Pebbles™ Tetherball 10 ½" Each

Item # 031812

List Price \$22.25

Educator Price **\$16.69**

Sportime® Pebbles™ Tetherball Trainer
10 ½" Each

Item # 031819

List Price \$28.65

Educator Price **\$21.49**



Sportime® PebblesGloves™ 11"
Youth Set of 6

Item # 1271397

List Price \$141.32

Educator Price **\$105.99**

Sportime® PebblesGloves™ 12"
Intermediate Set of 6

Item # 1271398

List Price \$154.65

Educator Price **\$115.99**

Sportime® PebblesGloves™ 13"
Adult Set of 6

Item # 1271399

List Price \$194.65

Educator Price **\$145.99**



Let You Catch a Break with Your Baseball Budget

SPORTIME®



Sportime® PongaLoons™ Set

- 14 ¾" long with a 8" head
- Set includes 6 PongaLoons one each of Red, Yellow, Blue, Green, Purple, and Orange and 12 table tennis balls.

Item # 1354727

List Price \$53.32

Educator Price **\$39.99**



Sportime® BadaLoons™ Racquets Set

- 23" overall length includes 10" head
- Set includes 6 BadaLoons one each Red, Yellow, Blue, Green, Purple, and Orange and 144 balloons.

Item # 030024

List Price \$61.32

Educator Price **\$45.99**



Sportime® RacqaLoons™ Racquets Set

- 21.5" long racquet's with oversized 10" x 12.5" head
- Set includes 6 RacqaLoons one each Red, Yellow, Blue, Green, Purple, and Orange and 144 balloons.

Item # 031497

List Price \$66.65

Educator Price **\$49.99**



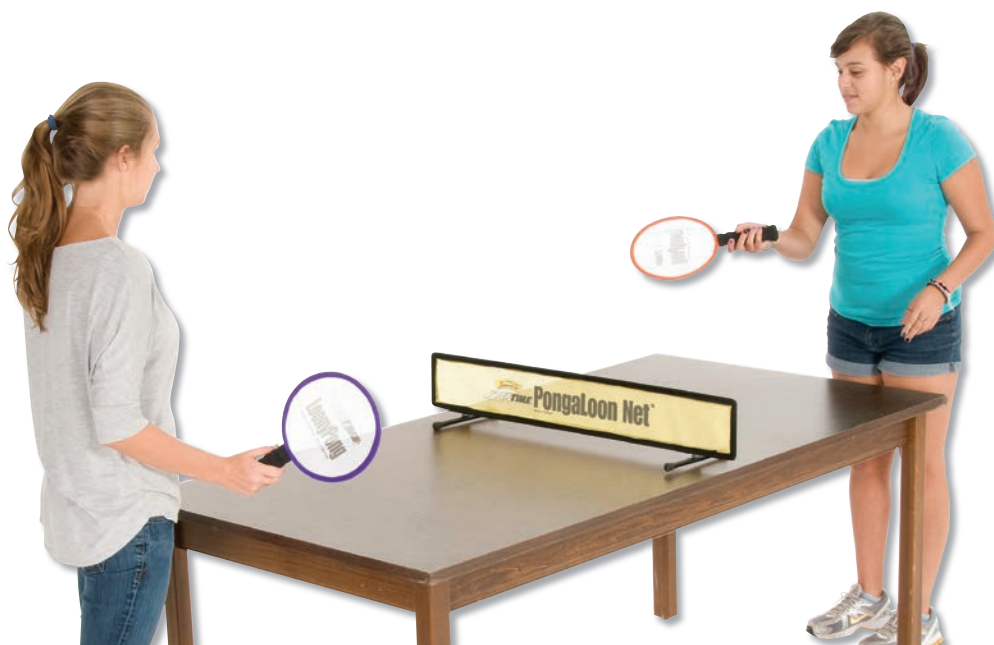
Sportime® Pongaloon Net™ Set of 6

- 6" H x 30" L
- Turn any table into a game table
- Connect two nets together for larger table

Item # 1403357

List Price \$133.32

Educator Price **\$99.99**





- For Safer, Low-Impact Play
- Can be washed and dried
- Use indoors or out

Sportime® Ragball® 9"
Polyester Each

Item #089127 **White**
Item # 025568 **Yellow**
List Price \$2.65
Educator Price **\$1.99**

Sportime® Ragball® 12"
Polyester Each

Item # 025586 **White**
Item # 025584 **Yellow**
List Price \$6.65
Educator Price **\$4.99**

Sportime® Ragball® 11"
Polyester Each

Item # 089152 **White**
Item # 025577 **Yellow**
List Price \$3.99
Educator Price **\$2.99**

Sportime® Ragball® 16"
Polyester Each

Item # 025593 **Yellow**
Item #025592 **White**
List Price \$8.79
Educator Price **\$6.59**

Sportime® Super-Safe®
Basketball Junior Each

Item # 009551
List Price \$11.85
Educator Price **\$8.89**

Sportime® Super-Safe®
Football Youth Each

Item # 009553
List Price \$9.59
Educator Price **\$7.19**

Sportime® Super-Safe®
Football Large #7 Each

Item # 009062
List Price \$13.32
Educator Price **\$9.99**

Sportime® Super-Safe®
Soccer Ball 8" Each

Item # 009554
List Price \$12.25
Educator Price **\$9.19**

Sportime® Super-Safe®
Volleyball Each

Item # 009584
List Price \$9.59
Educator Price **\$7.19**

Sportime® Super-Safe®
Playground Ball 7" Each

Item # 009587
List Price \$9.32
Educator Price **\$6.99**

Sportime® Super-Safe®
Playground Ball 8 ½" Each

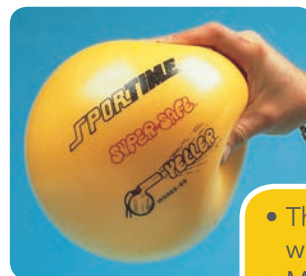
Item # 009590
List Price \$11.85
Educator Price **\$8.89**

Sportime® Super-Safe®
Playground Ball 10" Each

Item # 009595
List Price \$14.65
Educator Price **\$10.99**

Sportime® Super-Safe®
Softball 4" Each

Item # 009091
List Price \$4.92
Educator Price **\$3.69**



- These balls are roto-molded without seams
- Made of foamed vinyl
- Skins won't peel or ever absorb water



**New &
Improved!**



**Sportime® BigRedBase with
4 ¾" Casters Each**
Item # 1478910
List Price \$74.65
Educator Price **\$55.99**

**Sportime® BigRed Base Short Post
Adjustable 41" to 66" Each**
Item # 018588
List Price \$63.99
Educator Price **\$47.99**

**Sportime® BigRed Base Tall Post
Adjustable 61" to 96" Each**
Item # 1004657
List Price \$69.32
Educator Price **\$51.99**

**Sportime® BigRedBase & Short Post
Combo 41"-66" Set**
Item # 006322
List Price \$126.65
Educator Price **\$94.99**

**Sportime® BigRedBase & Tall Post
Combo 61"-96" Set**
Item # 004406
List Price \$130.65
Educator Price **\$97.99**



Sportime® Elementary Tall Post RoundBall Set
• Includes one each BigRedBase, Tall Post, RoundBall Goal
• Rules and Activity Guide included
Item # 803291
List Price \$231.99
Educator Price **\$173.99**

Sportime® Roundball Goal Only Each
• Requires BigRedBase and Post Sold Separately
Item # 005833
List Price \$99.99
Educator Price **\$74.99**

Sportime® Roundball Net Only Each
Item # 008743
List Price \$18.52
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**SportimeMax™ Cellular Rubber BB-Trainer™ Youth 26.5"
Each**
Item # 016114
List Price \$17.19
Educator Price **\$12.89**

Sportime® BigRedBase™ The "Every Net Sport" Set

- This set's BRB Net, two BigRedBases and two Tall Posts allow you to teach every net sport, 61" to 96".

Item # 008564

List Price \$341.32

Educator Price **\$255.99**

Sportime® BigRedBase™ The "Triple Every Net Sport" Set

- This set's 3 BRB Nets, four BigRedBases and four Tall Posts allow you to set up three contiguous nets at the same or different heights (using the side-by-side sharing of posts) or two independent nets.

Item # 004352

List Price \$722.65

Educator Price **\$541.99**

Sportime® BigRedBase™ Net 20'L x 23"W Each

- The required sports net, at all heights, for BigRedBase System.
Can also be used with other game standards up to 2" diameter.

Item # 009436

List Price \$39.99

Educator Price **\$29.99**

Sportime® BigRedBase™ Expansion Package Set

- You can add one contiguous net at a time. This package includes one each: BigRedBase, Tall Post and BRB Net.

Item # 008566

List Price \$159.99

Educator Price **\$119.99**



Offset "Post Grabber" Allow Two BRB Nets To Share the Same Post



New & Improved!

Sportime® Cuju™ Complete Game Set

- Includes Cuju ball, Cuju Net, 2 BigRedBases, 2 Tall Posts and a BigRedBase crossbar adaptor
- Activity guide included

Item # 1413346

List Price \$450.65

Educator Price **\$337.99**

Sportime® Cuju™ Net and Ball Set Only

Item # 1413347

List Price \$199.99

Educator Price **\$149.99**

Sportime® Cuju™ Ball Each

Item # 1410769

List Price \$29.32

Educator Price **\$21.99**

Sportime® Cuju™ Net Each

Item # 1410768

List Price \$173.32

Educator Price **\$129.99**



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over 40 years.



For over 40 years we've been teaming up with physical educators to promote and support the desire for lifelong activity and fitness in students. We work hand-in-hand with you to create products and solutions to solve every day problems within the classroom and are proud to be the exclusive sponsor of the NASPE Teacher of the Year program since 1989. **Visit us at www.sportime.com to find the right products and solutions for you.**



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