

Traverse Wall Climbing

Join us for a half- or whole-day Traverse Wall Training. In this dynamic, hands-on training, you will learn the benefits of rock climbing and how it reaches the whole person – cognitive, physical and social-emotional. You'll learn how to make climbing a part of your physical education program and how to teach and manage a variety of fun climbing activities. Important safety information and safety protocols will be shared, as well as care and maintenance of a traverse wall. You'll see how this non-traditional, lifetime fitness activity that has the power to engage students previously not interested in physical activity and how it can bring new energy to your physical education program. You'll leave inspired to get your students climbing the wall!

A Special Day at your School or Agency:

School Specialty is a proud partner and distributor of Everlast Climbing products, and now we're offering a half-day and full day on-site Everlast Climbing Traverse Wall® workshop hosted at YOUR facility. Attendees will learn the skills necessary to confidently teach a climbing wall unit and to inspire participants to adopt indoor climbing as an additional lifetime fitness activity.

Program Objectives/Outcomes – participants will receive:

- An overview of how climbing contributes to the physical, social-emotional and cognitive development of participants
- An introduction to Traverse Wall climbing, including active participation and climbing technique instruction
- An intentional review of Traverse Wall rules and expectations and safety and risk management procedures and protocols
- An overview of climbing wall care and maintenance
- An introduction to climbing wall activities
- An overview of the value-added resources available for use on the wall

Essentials:

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 3 hours or 6 hours of "hands-on" instruction
- **Maximum of 24** participants for safety and to ensure adequate equipment for all
- Can be Early Childhood, Grades K-2, Grades 3-6, Middle School, High School or After School focused

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

Everlast Climbing products are required for this presentation. [Click Here](#) to learn more about Everlast Climbing and shop online.

Contact us at ProfessionalDevelopment@schoolspecialty.com or 1-888-388-3224 to learn more about scheduling a **Traverse Wall Climbing** presentation for your school or district!