

Inclusive PE

Including Students with Disabilities in General Physical Education

Learn how adapt and modify your physical education curriculum to effectively engage students with disabilities. Strategies will be shared on how to create an inclusive environment, adapt activities and equipment, and how to accommodate students during skill-based instruction. Attendees will learn to modify lessons plans for specific disabilities and how to better meet the needs of your students. Workshop activities provide opportunities for hands-on learning in order to create an inclusive environment that benefits ALL students.

A Special Day at your School or Agency:

School Specialty is offering a half or full day, on-site workshop hosted at YOUR facility. Attendees will learn how to make classes more inclusive, strategies for adapting lesson plans and suggestions for modifying equipment and assessments. When this workshop concludes, attendees leave ready to expand their content knowledge of inclusive physical education. Everyone will walk away with tools and resources to begin using the very next day!

Program Objectives/Outcomes – participants will:

- Implement strategies for successful engagement of all students
- Utilize the Sportime Inclusive PE Guidebook resource
- Participate in activities to learn ways to modify for specific disabilities
- Identify needs of various exceptionalities and how they affect participation in PE
- Explore a variety of options for modifications to increase engagement

Essentials:

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 3 or 6 hours of “hands-on” instruction segmented by am/pm breaks and lunch (host facilitated)
- **Maximum of 40** participants for safety and to ensure adequate equipment for all
- Applicable for Grades K-12 physical education teachers

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

The Sportime Inclusive PE Guidebook is recommended for teachers to implement what they learn in the workshop but is not required. [Click Here](#) to learn more about the Sportime Inclusive PE Guidebook and shop online.

Contact us at ProfessionalDevelopment@schoolspecialty.com or 1-888-388-3224 to learn more about scheduling an Inclusive PE presentation for your school or district!