

## **Skillastics® – Character is INDEED Cool!**

Are you looking for a new resource that can help integrate character traits and positive social skills into your program? Maximum participation in cooperative activities? Team-building activities? Physical Education and After School Programs are the perfect environments to instill practical life skills training. Good choices and positive attitudes are everything. This is exactly what you will experience during our **SKILLASTICS® – Character is INDEED Cool Workshop**. SKILLASTICS® is an easy-to-implement, cooperative resource that allows all children to have a positive experience being physically active while reinforcing character traits.

### **A Special Day at your School or Agency:**

School Specialty is a proud partner and distributor of SKILLASTICS® products, and now we're offering a half or full day, on-site SKILLASTICS® workshop hosted at YOUR facility. Attendees will learn instructional best-practices and activities designed to develop motor and locomotor skills, cooperative and team-building skills, and social skills strategies that are easy to implement.

### **Program Objectives/Outcomes – participants will:**

- Learn a variety of movement skills that integrate practical life skills training.
- Learn best practices and strategies for integrating positive social skills.
- Learn strategies and techniques that engage all students in SKILLASTICS® activities in different school environments.
- Understand the connection between SKILLASTICS® and teaching and assessing the National Physical Education Standards and HEPA After School Guidelines.
- Leave with supplemental documents and sample lesson plans that instructors will be able to implement immediately!

### **Essentials:**

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 3 or 6 hours of "hands-on" instruction segmented by am/pm breaks and lunch (host facilitated)
- Maximum of 60 participants
- Can be Elementary or Secondary focused, targeting Physical Education or After School

### **Attendees Receive (FREE):**

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

SKILLASTICS® products are required for this presentation. [CLICK HERE](#) to learn more about SKILLASTICS® and shop.

Contact us at [ProfessionalDevelopment@schoolspecialty.com](mailto:ProfessionalDevelopment@schoolspecialty.com) or 1-888-388-3224 to learn more about scheduling a SKILLASTICS® and CSPAP presentation for your school or district!