

EXPRESS MY
FEELINGS JOURNAL
Item #2098429

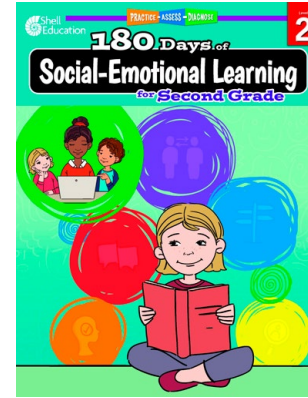
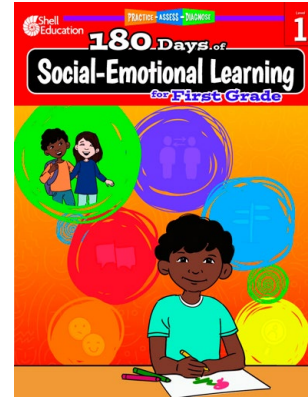
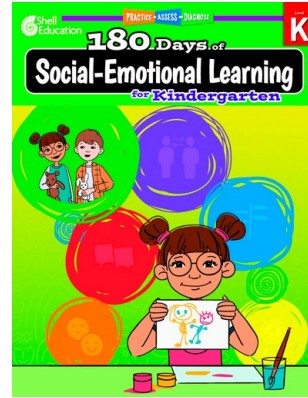
Solutions as **individual** as the students you support.

You've embraced the vocation of lifting all students toward their full potential. We've curated a range of resources to provide support. Use them to help students calm their anxieties and cope with stressors. Support students emotional growth, develop social skills and curate positive behavior. Browse this brochure for a sampling of these powerful tools, then explore our full selection at [Select.SchoolSpecialty.com](https://www.Select.SchoolSpecialty.com)

Games & Activities

180 Days of Social-Emotional Learning Workbooks

- GRADE K ITEM# [2089439](#)
- GRADE 1 ITEM# [2089435](#)
- GRADE 2 ITEM# [2089436](#)
- GRADE 3 ITEM# [2089438](#)
- GRADE 4 ITEM# [2089437](#)
- GRADE 5 ITEM# [2089440](#)
- GRADE 6 ITEM# [2089434](#)



Emotion Dominoes

ITEM# [2019861](#)



Learn About Feelings Activity Set

ITEM# [2098252](#)



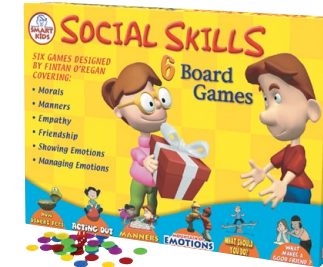
Express Your Feelings Playing Cards

ITEM# [2119014](#)



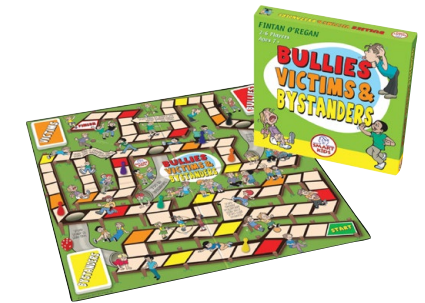
SEL In a Jar

- CHOICES ITEM# [2131346](#)
- TEEN TALK ITEM# [2131340](#)
- WHAT IF? ITEM# [2131341](#)



Social Skills Board Games

4 BOARD GAMES ITEM# [2019859](#)
 GROUP ACTIVITIES, 6 BOARD GAMES ITEM# [2013886](#)



Bullies Victims and Bystanders Game

ITEM# [1283404](#)



Social-Emotional Task Cards

GRADES PREK-2 ITEM# [2119012](#)
 GRADES 3-6 ITEM# [2119013](#)



Sticky Situation Cards

GRADES 1-3 ITEM# [2090300](#)
 GRADES 4-6 ITEM# [2090301](#)



Emotions Detective Game

ITEM# [1603589](#)



6 SEL Games

SOCIAL SKILLS ITEM# [2132556](#)
 CONFLICT & RESOLUTION ITEM# [2132536](#)
 PERSONAL GROWTH ITEM# [2132531](#)



Conversation Cubes

BE KIND CUBES, PACK OF 6 ITEM # [2132750](#)
 LET'S TALK CUBES, PACK OF 6 ITEM# [2041411](#)
 LIFE QUESTION CUBES, SET OF 6 ITEM# [2098923](#)



The Freckled Frog My Family

SET OF 30 ITEM# [2041021](#)



What Do You Stand For? Card Game

ITEM# [1351599](#)



50 Emotion Activity Cards

ITEM# [2019862](#)

Classroom & Individual Kits



Social-Emotional Classroom Stations

GRADES K-5 ITEM# 2119009
 GRADES PREK-2 ITEM# 2119010
 GRADES 3-5 ITEM# 2119011



Calm Down Tool Kit

ITEM# 2132616

Book Sets



Achieve It!™ Growth Mindset & Mindfulness Book Sets

SET OF 35
 GRADES K-1 ITEM# 2096616
 GRADES 2-3 ITEM# 2096617
 GRADES 4-5 ITEM# 2096634
 SPANISH, GRADES K-1 ITEM# 2096656
 SPANISH, GRADES 2-3 ITEM# 2096618
 SPANISH, GRADES 4-5 ITEM# 2096635



Achieve It!™ SEL Friendship, Empathy, and Kindness Sets

SET OF 35
 GRADES K-1 ITEM# 2096643
 GRADES 2-3 ITEM# 2096641
 GRADES 4-5 ITEM# 2096660
 SPANISH, GRADES K-1 ITEM# 2096620
 SPANISH, GRADES 2-3 ITEM# 2096640
 SPANISH, GRADES 4-5 ITEM# 2096649



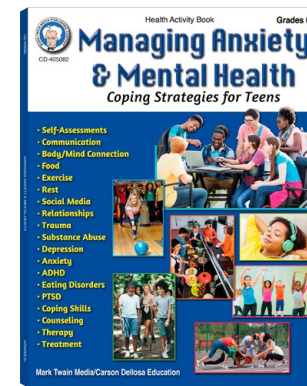
Abilitations® Calming Sensory To Go Kit

ITEM# 2039368



Abilitations® Calming Break Bag

ITEM# 2091449



Managing Anxiety & Mental Health Workbook

ITEM# 2132617



Mental Health Book Sets

GRADE PRE-K, SET OF 12 ITEM# 2104055
 GRADES K-2, SET OF 19 ITEM# 2104050
 GRADES 3-5, SET OF 9 ITEM# 2104049
 GRADES MIDDLE-HIGH SCHOOL, SET OF 8 ITEM# 2104052

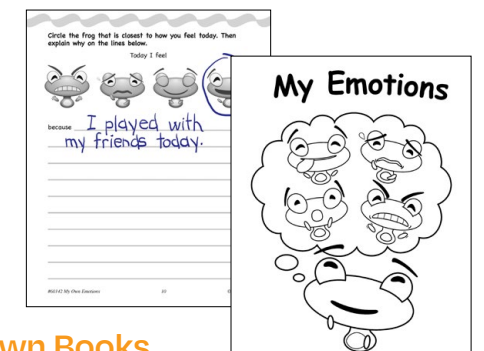
Achieve It!™ SEL Take Home Bags

GRADE K ITEM# 2128334
 GRADE 1 ITEM# 2128331
 GRADE 2 ITEM# 2128330
 GRADE 3 ITEM# 2128333
 GRADE 4 ITEM# 2128335
 GRADE 5 ITEM# 2128336
 GRADE 6 ITEM# 2128332



Special Education Book Collection

SET OF 8 ITEM# 2104056



My Own Books

PACK OF 10
 MY ALL ABOUT ME BOOK ITEM# 2104574
 MY EMOTIONS ITEM# 2104573
 MY GOALS ITEM# 2104584
 MY GROWTH MINDSET JOURNAL ITEM# 2104577
 MY FIRST JOURNAL ITEM# 2104572

Additional Resources



Kits for Kidz™ Hygiene Kits

CHILD, GRADES PREK-5 ITEM# 2117987
 YOUNG ADULT, GRADES 6-12 ITEM# 2117988
 FEMININE HYGIENE KIT ITEM# 2117995



Social-Emotional Mood Meters

ITEM# 2132352



Achieve It!™ Push Pop Game Puzzle

ITEM# 2095384



Encouragement Cards

ITEM# 2132356



Feelings Flips Chart

ITEM# 2040969



Time Timer® 8 Inch and Visual Scheduler

ITEM# 2134681



Sensory Bins

CONSTRUCTION ZONE ITEM# 2088882
 DINOSAUR DIG ITEM# 2088881
 OUTER SPACE ITEM# 2128506
 CAKE SHOP ITEM# 2128505



Pastel Pop Calming Strategies Small Poster Pack

ITEM# 2132363



Calming Corner Set

ITEM# 2095826



Express Your Feelings Pocket Chart

ITEM# 2098254



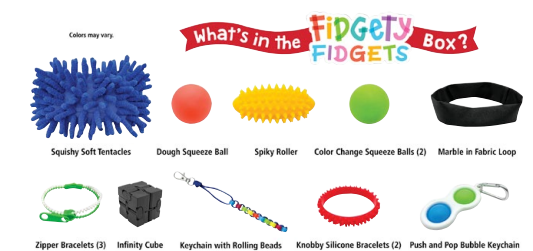
Daily Affirmations Pocket Chart

ITEM# 2132803



Perfect Petzzz Cocker Spaniel

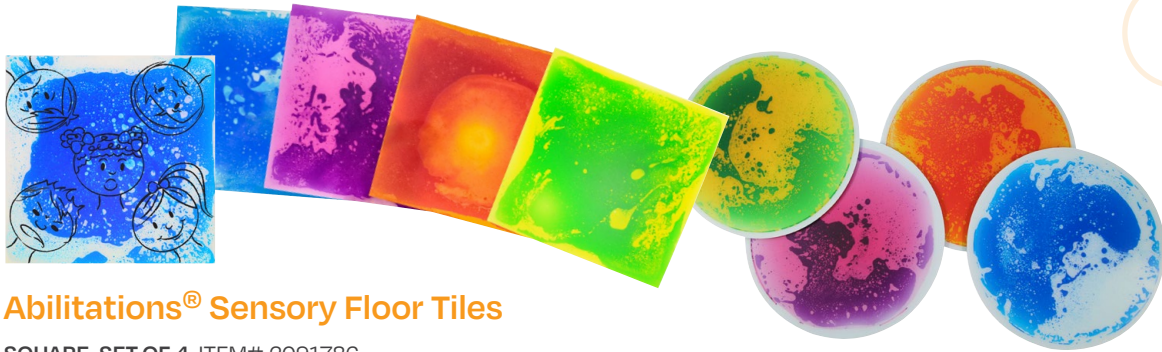
ITEM# 2121908



Fidgety Fidget Box

SET OF 14 ITEM# 2096577





Abilitations® Sensory Floor Tiles

SQUARE, SET OF 4 ITEM# 2091786

ROUND, SET OF 4 ITEM# 2104601

EMOTIONS, ITEM# 2024608



Abilitations® Weighted Sloth

ITEM# 2010449



Abilitations® Inflatable PeaPod

ITEM# 1512739

ITEM# 1512741

ITEM# 1512740



Abilitations® Weighted Emotion Cushions

SET OF 6 ITEM# 2041361



Abilitations® Fidget Cover for Weighted Lap Pad

ITEM# 2041354



Abilitations® Chewy Sampler Set

13 PIECES ITEM# 1017592



Abilitations® Gel Bead Emotion Sensory Fidget Bags

SET OF 6 ITEM# 2089080

Find more at [Select.SchoolSpecialty.com](https://www.SelectSchoolSpecialty.com) or contact your School Specialty representative.