

# Abilitations

## Food for Thought™ Product Guide

with Activities & Games by Cecilia Cruse, MS, OTR/L

### Introduction

Congratulations on purchasing the Food for Thought series! These soft, adorable and yummy textured (not flavored!) foods are perfect for sparking interest in developing fine-motor skills for dressing manipulatives. The cheeseburger and pizza are just right for all kids who are working on zip, snap, velcro and buttoning skills. They are child friendly and a favorite of students, teachers, therapists and parents alike. No more boring dressing boards and vests! These challenging products bring a whole new dimension to food for thought!



### The Cheeseburger

Measuring 4" wide and 5" tall this soft colorful cheeseburger is paradise! Children enjoy making the Cheeseburger by completing Velcro closures to put on the cheese, snap on the lettuce, and button on the tomato! The soft hamburger bun then closes with another Velcro® tab. Perfect for working on fine-motor and cognitive skills for sequencing, shape and color discrimination. Ask the child, "What comes after the hamburger? Cheese? Lettuce?" Or tell them, "Put on the red tomato," or "Put on the green lettuce." The Cheeseburger assembles only if the child matches the correct condiment with the corresponding dressing manipulative.

### The Pizza

This pepperoni pizza is the perfect personal pan size of 8". A pizza with personality, it features friendly mushrooms and texture-rich embroidered peppers. Button and unbutton the pepperonis, feel the crinkly crust, or zip off a piece of pizza for pretend munching. Ask the child, "Do you like peppers and mushrooms?" Most say, "No" and will flip the cheese over to the plain side, working the small muscles of the hands by buttoning on the pepperoni for more repetition. Use several pizzas in a group and have a pizza party while building hand strength and fine-motor skills with the zipper and buttons.



### Care and Safety of Food for Thought

Both the cheeseburger and pizza are made of plush polyester fiber. Wash surface with cold water and mild soap. Air dry. Recommended for children ages three years and up. Remove plastic tag before giving to child.

**Abilitations**   
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**1-YEAR GUARANTEE OF SATISFACTION**

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